

Daily Devotion For December 6, 2022

“My future is in your hands.....”. Psalm 31:15

Yesterday I had two doctor’s appointments. One with a pulmonologist and the other a cardiologist. I will have a pulmonary function test and more lab work to discover the source of my breathing problems. I really like my two doctors. They were very thorough and answered all my questions. My cardiologist’s name is Dr. Steven M. Lome. Last month during the Monterey Bay Marathon he saved not one, but the lives of two runners who had cardiac arrests on the course. You can google him to read about the stories from newspapers around the country and in two weeks he will be on the “Today Show.”

Remember the TV commercial from years ago, “You’re in good hands with Allstate”. At the end of the commercial it asks the questions, “Are you in good hands?” After my doctor’s visits I left believing that I was in good hands

So, are you in good hands? I’m not talking about your doctors or whether your personal property is adequately insured. Rather, is your life in good hands? Is your soul in good hands? Are you relying on Someone— who is truly reliable?

Thought For Today: Are you in good hands? Are you living each day with an awareness that God is holding you? Are there issues in your life that you need to entrust into God’s hands today?

Today’s Prayer Focus: Thank God that your life is in His hands. Praise God that He is trustworthy and reliable. Pray that God will help you live each day, “in his hands.” Continue to pray for those in need of God’s strengthening and healing touch. Deo Volente.