

Daily Devotion For May 10, 2022

If we **confess** our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness." I John 1:9

Yesterday I received an email from a church attender who asked about the above scripture passage. The question was about whether one has to confess all day, every day our sins, again and again. Or if we need to confess our sins just once and then then hopefully turn from that sin and not do it again.

My short and simple response was that confession should be part of our daily spiritual disciplines. I think the acronym ACTS (Adoration, Confession, Thanksgiving, and Supplication) is a good way to focus our prayers. When we come to faith in Christ and accept him as our Savior and Lord, he forgives us of our sins, past, present and future. Our dilemma is that we continue to sin and fall short of God's perfect standard of holiness. When the Spirit of God, convicts us of sin (John 16:8), we should confess those sins.

I am often reminded of the quote, "What God has forgiven we can forget". The Spirit of God convicts us of sin, while our enemy Satan seeks to condemn us for our sins. Romans 8:1 tells us that there is "no condemnation for those who are in Christ."

Thought For Today: Through Jesus' forgiveness, our sin is removed and our relationship with God is restored. Is there any sin that is hindering your relationship with God today? Confess and claim God's forgiveness.

Today's Prayer Focus: Take time to confess your sins to God and claim the forgiveness we have in Christ. Deo Volente.