

Daily Devotion For March 4, 2022

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. And he fasted forty days and forty nights, and afterward he was hungry.” Matthew 4:1-2

On Wednesday we commemorated the season of Lent. Every year, Lent begins with Ash Wednesday and is always 46 days before Easter Sunday. Lent is a 40-day season (not counting Sundays) marked by repentance, fasting, reflection, and ultimately celebration. The 40-day period represents Christ’s time of temptation in the wilderness, where he fasted and where Satan tempted him. Lent asks believers to set aside a time for similar fasting, marking an intentional season of focus on Christ’s life, ministry, sacrifice, and resurrection.

The key events of Lent include Ash Wednesday, Maundy Thursday, Good Friday, and Easter Sunday.

As you may have noticed, on Ash Wednesday many Christians get a cross on their foreheads from the ashes during a church service. The ashes symbolize grief and the acceptance of our sinful state.

Thought For Today: Is the season of lent, part of your spiritual disciplines? Some give up popcorn and soda (me) and some give up desserts, (Sherry). In what ways will you, could you, use the season of lent for the purpose of spiritually preparing your heart for the celebration of the life, death, and resurrection of Jesus.

Today’s Prayer Focus: Continued prayers for the people of Ukraine. That God would change the mind of President Putin. Prayers for Rick Hattori undergoing test at CHOMP for an inflamed colon. Deo Volente.