

Daily Devotion For June 30, 2022

"I will give thanks to the Lord with my whole heart; I will recount all of your wonderful deeds." Psalm 9:1

Yesterday morning as I was walking to my car after my swim workout, I saw one of the maintenance/custodians picking up trash in the parking lot. So as I passed him I said, "Thank you!" and he responded by saying, "What for?" I told him "thank you for working so hard for picking up the trash". After that he smiled.

As Christians, most of us acknowledge that everything we have comes from God, but how often do we stop to give thanks to him? At the end of the day, do you take time to say, "Thank you, heavenly Father, for giving me the gift of today? Do you ever physically or mentally go through your house and say to God, "everything in the house and the food in the cupboard and the cars in the driveway are gifts from you. Thank you for your gracious and generous provision"? When you give thanks at mealtime, is it a heartfelt expression of your gratitude to God for his continual provision of all your physical needs?

I think that we take so much for granted in our daily lives. Taking for granted all the temporal provisions and spiritual blessings that God has so richly bestowed on us. Ephesians 3:20 says, "**Always giving thanks** to God the Father for **everything**, in the name of our Lord Jesus Christ." Paul was saying we should be giving thanks to God **always** and for **everything**.

Thought For Today: As you read these words, take a moment and think, "at this moment, what am I thankful for? What comes to your mind? Sherry came to my mind, how about you? Take time now to thank for what just came to your mind.

Today's Prayer Focus: Take time to give thanks to God who is the giver of every good and perfect gift. Deo Volente.