

Daily Devotion For March 10, 2023

“Be still, and know that I am God.” Psalm 46:10

Yesterday was another day when I wondered, “what shall I write for the daily devotion.” As I struggled to find something to write, the verse Psalm 46:10 popped into my mind. The Psalmist said “Be still and know that I am God.”

For most of us stillness, silence, and serenity are difficult to find. Even when we are able to find it externally, it can still be difficult to cultivate stillness internally. Life can be busy and so can our minds!

It is not only tough to make the time to be still; it’s tough to quiet our minds and body for any extended period of time. However, if we are too busy our spiritual lives will suffer. How can we hear from God if we don’t take the time to be still? It is critical to our faith to realize that the more we are deliberately still:

- the more we hear God’s voice,
- the better we recognize God’s activity,
- the smaller our issues seem,
- the bigger God appears,
- and the more we follow God’s divine purpose for us, instead of just our own agendas, ideas, and abilities.

Thought For Today: When was the last time you released the pressing issues in your life to God? When was the last time you relaxed in the presence of God? Can you set aside just a few minutes today to “be still” before God, and to listen for His voice? What is He saying to you?

Today’s Prayer Focus: Prayers for those impacted by the snow, rain, and floods. Deo Volente.