

## Daily Devotion For May 17, 2022

“Let us run with perseverance the race marked out for us.” Hebrews 12:1

Yesterday I had my final exam for my swim for fitness class at MPC. After the final, the teacher compares the time for 500 yards that we took at the beginning of the semester with the time at the end of the semester. When it was announced that I was over 50 seconds faster, the other students cheered and congratulated me. Actually, everyone's times are faster at the end of the semester than the beginning.

Since 2017 when I started swimming I am actually over 2 ½ minutes faster. But during the swim final, all the students are going as hard and as fast as we can. About the halfway mark, I think everyone is feeling exhausted and wanting to quit but we have to keep going in order to complete our final.

I don't know why the writers of the bible use running as a metaphor for the Christian life and not swimming. Swimmers need to persevere as well. When it comes to perseverance I am reminded of the scene from the movie "Finding Nemo" The words from Dori come to mind when she says to Marlin; "Hey, Mr. Grumpy Gills, "When life gets you down, you know whatcha gotta do?" "No, I don't want to know watcha gotta do." "Just keep swimming! Just keep swimming! Just keep swimming!"

**Thought For Today:** In your Christian life, whether it is running the good fight of faith or swimming it, don't give up, just keep going, and if you are in the pool, "Just keep swimming!"

**Today's Prayer Focus:** Pray for God's strength to help you finish your race. Just keep going even time times are rough and you feel exhausted. Praying you will hear those cheers and the words congratulations from our Lord and Savior Jesus Christ.