

Daily Devotion For December 21, 2021

⁴In him was life, and that life was the **light** of all mankind. ⁵The **light shines in the darkness**, and the darkness has not overcome^[a] it.” John 1:4-5

Evelyn Kageyama emailed me an update on her walking buddy Rose. Rose has been going through a dark time in her life for several months now and we have been reminded by Evelyn to keep her in prayer. Evelyn shared that Rose has been in the hospital with an infection for the last three weeks and was taken to the ER because she was feeling a heaviness in her chest. The doctors wanted to do an endoscopy, but her white cell count was too low. Evelyn shares that her vitals are looking better but she is on pain medication and is sedated most of the time.

Today, December 21, 2021 is the winter solstice. During this season of the year we notice that the days of light are shorter, the darkness is longer, the weather is colder, and the trees are bare.

Actually for me, today is one of my favorite days of the year. The reason is that I know that from today on there will be more days of sunlight. I don't think I'm alone in this. For many there is a tendency to want to hurry from autumn to spring, to avoid the long dark days that winter brings. For those on the East Coast or living in the mountains, many people do not like constant days bereft of light and months filled with colder temperatures. There is great rejoicing in the thought that **light and warmth** will soon be filling more and more of each new day. John 1:4-5 tells us that our Lord Jesus came to dispel darkness. That He is the light of the world and in Him there is no darkness.

Thought For Today: The winter solstice celebrates the return of hope to our land as our planet experiences the first slow turn toward greater daylight. Soon we will welcome the return of the sun and the coming of springtime. In what ways has the coming of Christ brought **light and warmth** into your life?

Today's Prayer Focus: Let's continue to remember Rose in prayer. Pray that the darkness she is experiencing will soon turn to light and warmth.
Deo Volente