

Daily Devotion For June 23, 2022

<sup>8</sup> Finally, brothers and sisters, whatever is **true**, whatever is **noble**, whatever is **right**, whatever is **pure**, whatever is **lovely**, whatever is **admirable**—if anything is excellent or praiseworthy—**think** about such things.” Philippians 4:8

Someone once told me that whatever your mind dwells upon in your unguarded moments are what is important to you. For many, these are very difficult and trying times. We may be coming out of the global pandemic of Covid-19, but for many, their thoughts are turning to the economy and rising inflation.

I know several people who were retired and now have to return to work because it is difficult for them to make ends meet. During these times, some people may be drawn to concentrate on the negative, choosing to be pessimistic about everything. Some fail to place scripture in their thoughts and expose themselves to harmful thoughts. Others however, choose to expose their mind on the truths of God to which the Apostle Paul mentioned in the verse above verse are, true, noble, right, pure, lovely and admirable.

The things that we allow our minds to dwell on will be revealed in the way we live. If we focus on the negative, we become negative. If we allow the word of God to fill our minds, we grow in godliness. In these days, it is important to have the right mindset. How we think determines how we will get through the rough and difficult times of life.

**Thought For Today:** Remember what we fill our minds with is a matter of choice. Our life today is a result of yesterday’s thinking. Our life tomorrow is a result of what we think on today. Today choose to focus on the magnificent truths of God. Reflect and meditate on Philippians 4:8. What comes to mind?

**Today’s Prayer Focus:** Pray that you and others will have the mind of Christ. That we will fill our hearts and minds with the Word of God. Deo Volente.