

Daily Devotion For September 3, 2022

"Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear." Ephesians 4:29

Have you ever been horrified at the words that just came out of your mouth and wonder how you could have possibly said what you just said?

In yesterday's devotional I talked about 4 people helping Steve Bruemmer out of his wheelchair and into the pool. One of those people is Steve's wife Brita. One morning as we got Steve into the water, the instructor told Brita that we can find transportation and help for Steve so that she won't have to miss work. Brita replied that she wanted to be at the pool to help Steve and to swim in the same lane as him. So, I asked, "Brita, what type of work do you do?" to which she replied, "during Covid I've been doing telemedicine."

Then I said, "Oh, are you a nurse" and Brita replied, "I'm a physician." Right away I knew that I put my foot in my mouth. I swam half way up the pool and began to think to myself, "Ted, that was a really sexist remark." Of course, I know plenty of women who are physicians. So I turned around and said, "Brita, I need to apologize to you. I am so sorry. That was a very sexist remark I made." Thank God that Brita was gracious and said, "don't worry" you are not the first person to assume that."

Thought For Today: How many times have you put your foot in your mouth? When was the last time?

Today's Prayer Focus: Pray that the words that come out of your mouth will be seasoned with grace, love, generosity, and encouragement.