## **Finding Hope In Hurtful Times**

### I. Introduction:

Everyone faces hurtful times; therefore we all need hope.

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For I **consider** that our present sufferings are not worth comparing with the glory that will be revealed in us. Romans 8:18

<sup>19</sup> For the earnest expectation of the creation eagerly waits for the revealing of the sons of God. <sup>20</sup> For the creation was subjected to futility, not willingly, but because of Him who subjected *it* in hope; <sup>21</sup> because the creation itself also will be delivered from the bondage of <sup>[f]</sup>corruption into the glorious liberty of the children of God. <sup>22</sup> For we know that the whole creation groans and labors with birth pangs together until now. Romans 8:19-22

#### II. Some Promises From God's Word

Psalm 46:1, "The Lord is our refuge and strength a very present help in times of trouble.

Matthew 1:23 says, "And he shall be called Immanuel, which means **God is with us!** 

Matthew 28:20 "I am with you always, even to the ends of the age."

Joshua 1:9, "Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the LORD your God will be with you wherever you go."

Psalm 23:4 "Even though I walk through the valley of the shadow of death, I will fear no evil for **you are with me**."

#### III. A Look At John 12:12-13

12 The next day the great crowd that had come for the festival heard that Jesus was on his way to Jerusalem. 13 They took palm branches and went out to meet him, shouting, "Hosanna!" "Blessed is he who comes in the name of the Lord!" "Blessed is the king of Israel!"

Hosanna means "The LORD Saves"

<sup>3</sup> Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into **a living hope** through the resurrection of Jesus Christ from the dead," I Peter 1:3

## III. How Do We Find Hope In Hard Times?

a.) Keep Your Eyes Focused On Jesus

"fixing our eyes on Jesus, the author and finisher of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God." Hebrews 12:1

"The joy of the Lord is my strength" Nehemiah 8:10

b.) Be Strengthen By Prayer:

<sup>36</sup> Then Jesus went with his disciples to a place called Gethsemane, and he said to them, "**Sit here while I go over there and pray**." <sup>37</sup> He took Peter and the two sons of Zebedee along with him, and he began to be sorrowful and troubled. <sup>38</sup> Then he said to them, "My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me." <sup>39</sup> Going a little farther, he fell with his face to the ground and prayed, "My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will."

# **IV. Conclusion And Application:**