

Daily Devotion For December 5, 2022

“He breathed on them.” John 20:22

This morning I am going to a pulmonologist at Ryan Ranch to see if they can discover why I have been having shortness of breath for the past month. My wife Kazuko had Pulmonary Fibrosis and was on oxygen the last year of her life.

Breath is so important, it is a sign that we are alive! But not just any air will do. Asbestos fibers, nicotine (second hand smoke) smog and other pollutants are harmful to us. This is why our government has set up agencies to regulate our air quality.

In John 20:22, the resurrected Jesus appears to his disciples who were gathered behind locked doors “for fear of the Jewish leaders.” The disciples were alive and breathing but were paralyzed by fear. We read in this verse that Jesus “breathed on them” and commanded them to receive the Holy Spirit. In Greek, the name for breath or wind is Pneuma. The study of the Holy Spirit is Pneumatology.

Pictures of breath and life are found throughout the bible. When God created Adam, Genesis 2:7 tells us that he breathed life into him.

Thought For Today: It is the breath of God that gives life. There is a hymn that we sometimes sing in church entitled “Breath Of God.” It goes, *“Breathe on me, Breath of God, fill me with life anew, that I may love the way you love and do what you would do.”* May God breathe his life-giving Spirit into your life today.

Today’s Prayer Focus: Take time to praise God that He is Father, Son, and Holy Spirit, a Triune God, Three in One. Prayers for George Wooding with Covid, comfort for the Kageyama family at the passing of their relative Robbie from a stroke at age 51. For Kiku Kuwatani, Mike Kelly, and others in need of God’s healing touch. Deo Volente.