

July 15, 2018
Galatians 5:22-23

THE FRUIT OF THE SPIRIT IS KINDNESS

I. Introduction:

³¹ Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. **Be kind** and compassionate to one another, forgiving each other, just as in Christ God forgave you." (Ephesians 4:32)

"But the fruit of the Spirit is love, joy, peace, patience, **kindness**, goodness, faithfulness, gentleness, and self-control. Against such things there is no law." Galatians 5:22-23

II. Defining Kindness:

Kindness: Greek "Chrestos" – Gracious, Useful, Kind.

III. God's Kindness To Us

"Be kind to one another, tender-hearted, forgiving each other, just as **God in Christ also has forgiven you.**" Ephesians 4:32

⁴ But when the **kindness and love of God our Savior appeared**, ⁵ **he saved us**, not because of righteous things we had done, but because of his mercy. He saved us through the washing of rebirth and renewal by the Holy Spirit, ⁶ whom he poured out on us generously through Jesus Christ our Savior, ⁷ so that, having been justified by his grace, we might become heirs having the hope of eternal life." Titus 3:4-7

IV. Be Kind To One Another:

“Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you.” Ephesians 4:32

A. Ways To Cultivate An Attitude Of Kindness:

1. Be aware of what kindness can do for others. Pay It Forward.

God will bless and repay you for your acts of Kindness. Luke 14:14

2. Be Willing To Be Inconvenienced (Luke 10:30-37)

3. Remember When Others Have Been Kind To You.

“Is there yet anyone left of the house of Saul, that I may show him kindness for Jonathan’s sake?” 2 Samuel 9:1

V. Conclusion And Application:

ARK = Acts of Random Kindness

POINTS TO PONDER
Week of July 15th to 21st
Luke 10:25-37

Open It

1. What are the greatest inconveniences in your life?
2. *When has someone gone out of his or her way to help you?
3. What do you think motivates most people to be kind?

Explore It

4. What did the legal expert ask Jesus? (10:25)
5. Why did the legal expert ask a question about eternal life? (10:25)
6. How did Jesus turn the question back on the legal expert? (10:26)
7. How did the legal expert summarize the demands of the Law? (10:27)
8. What did the expert ask about loving one's neighbor? (10:29)
9. What did the legal expert want to do? (10:29)
10. How did Jesus reply to the question, "Who is my neighbor?" (10:30-35)
11. *What did the priest and the Levite do to help the man who was robbed and beaten? (10:31-32)

12. *What was the Samaritan's response to what he saw?
(10:33-35)
13. Why did the Samaritan help the beaten man? (10:33)
14. What relationship did Jesus use to characterize the Samaritan's behavior? (10:36)
15. *How did the legal expert define the neighbor in the parable? (10:37)
16. What did Jesus command the expert to do in response to the parable? (10:37)

Get It

17. What different motivations do people have for asking questions about God and of God?
18. How effective is this parable in communicating kindness for one's neighbor?
19. *What natural inclinations make it easier for you to act like the priest and the Levite than like the Samaritan?
20. *How practical was the Samaritan's approach to the man in need?
21. How does it feel when someone shows kindness to you?
22. In what ways can we as individuals and as groups of Christians be more like the Samaritan?

Apply It

23. *What acts of kindness can you take to help meet someone else's physical needs?
24. What people who have helped you in times of need do you want to thank this week?