

August 5, 2018  
Galatians 5:22-23

## THE FRUIT OF THE SPIRIT IS GENTLENESS

### I. Introduction:

“But the fruit of the Spirit is Love, Joy, Peace, Patience, Kindness, Goodness, Gentleness, Faithfulness and Self-Control.” Galatians 5:22-23

### II. The Nature And Character of Jesus:

“Come unto me, all who are weary and burdened and I will give you rest. (29] Take my yoke upon you and learn from me, for I am **gentle** and humble in heart, and you will find rest for your souls.” Matthew 11:28-29

Gentleness defined: Prautes in Greek = Power under control.

“Say to the Daughter of Zion, ‘See, your king comes to you, **gentle** and riding on a donkey.’” Matthew 21:5

### III. A Few Characteristics of Gentle People:

#### A. Gentle People Have Their \_\_\_\_\_ Under God’s Control

“Let your **gentleness** be evident to all. The Lord is near.” Philippians 4:5

#### B. Gentle People Are Not \_\_\_\_\_

4] What causes fights and quarrels among you? Don’t they come from your desires that battle within you? <sup>2</sup>You desire but do not have, so you kill. You covet but you cannot get what you want, so you quarrel and fight. You do not have because you do not ask God.” James 4:1-2

**C. Gentle People Bring Their \_\_\_\_\_ Under Control**

<sup>29</sup> Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.” Ephesians 4:29

<sup>6</sup> The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole body, sets the whole course of one’s life on fire, and is itself set on fire by hell. <sup>7</sup> All kinds of animals, birds, reptiles and sea creatures are being tamed and have been tamed by mankind, <sup>8</sup> but no human being can tame the tongue. It is a restless evil, full of deadly poison.” James 3:6-8

**D. Gentle People Bring Their \_\_\_\_\_ Under God’s Control**

“Better a patient person than a warrior, one with self-control than one who takes a city. Proverbs 16:32

**IV. Conclusion And Application:**

**POINTS TO PONDER**  
Week Beginning August 6, 2018  
Matthew 11:25-30

**Open It**

1. \*If you had one week of vacation in which to recharge your physical and emotional batteries, where would you go to rest, relax, and get rejuvenated?
2. What sorts of activities absolutely drain the life out of you?
3. Why are many Christians frazzled and burned out?

**Explore It**

4. After pronouncing woe on several unrepentant cities, what did Jesus do? (11:25)
5. When did Jesus pray? (11:25)
6. How did Jesus address God? (11:25)
7. Why did Jesus say He was praising God? (11:25)
8. What did Jesus say God had entrusted or committed to Him? (11:27)
9. Who alone did Jesus say knew Him? (11:27)
10. Besides himself, who did Jesus say could know God? (11:27)
11. Who claimed to reveal God to the world? (11:27)
12. What general invitation did Christ make at this time? (11:28)

13. \*What kind of people was Jesus addressing? (11:28)
14. \*What promise did Jesus make to those who would accept His offer? (11:28)
15. What farming imagery did Jesus use to encourage people to come to Him? (11:29)
16. How did Jesus describe Himself? (11:29)
17. \*How is walking with Christ described? (11:30)

### **Get It**

18. In your eyes, what about Christ seems so obvious that everyone ought to be able to see it?
19. Why do you think God hides certain truths from "the wise"?
20. \*In what ways do you feel weary and burdened right now?
21. What aspects of the Christian life do you find especially taxing or burdensome?
22. \*What is it like to experience the promised "rest" of Christ?
23. How would you describe your walk with Christ right now?

### **Apply It**

24. What are two specific ways you can work with Christ tomorrow instead of going in your own direction?
25. Besides praying, what are some ways you can get to know your Father in heaven more intimately this week?
26. \*What burdens will you entrust to Christ today?