

October 30, 2016
Psalm 90

LEARNING TO TREASURE YOUR TIME

I. Introduction:

Stewardship encompasses our attitude towards God in which we recognize that everything we have comes from God and belongs to God.

A Question: How can we honor God with the time we have?

II. The Bible and Time:

- Jesus was never in a hurry
- Psalm 90: A Psalm of Moses that contrast the brevity of human existence in comparison to God's eternity.

¹ Lord, you have been our dwelling place throughout all generations. ² Before the mountains were born or you brought forth the earth and the world, from **everlasting to everlasting you are God.** ³ You turn men back to dust, saying, "Return to dust, O sons of men."
⁴ For a thousand years in your sight are like a day that has just gone by, or like a watch in the night. (Ps. 90:1-4)

¹⁰ **The length of our days is seventy years or eighty,** if we have the strength; yet their span is but trouble and sorrow, for they quickly pass, and we fly away. (Ps. 90:10)

III. The Word TIME

T _____

“¹² Teach us to number our days aright, that we may gain a heart of wisdom.” Ps. 90:12

I _____

¹⁰ God is not unjust; he will not forget your work and the love you have shown him as you have helped his people and continue to help them.” Hebrews 6:10

M _____

Be very careful, then, how you live not as unwise but as wise, ¹⁶ making the most of every opportunity, because the days are evil.” Ephesians 5:15-16

E _____

“What is the chief end of man?
(Westminster Confession)

The answer: To Glorify God and **enjoy** him forever.

IV. Conclusion:

Time is God’s Precious Gift. Thank God for this gift. Pray about how you can be a good steward of your time.

POINTS TO PONDER
Week of October 30th to November 5th
Learning To Treasure Your Time
October 30, 2016

Open It

1. What do you think of when you hear the phrase, "One thousand years"?
2. What are some of the things you'd like to do in the next five years? Next ten years? Before you die?
3. *Before you die, what is one: Book you'd like to read?

Explore It

4. What mercies from God did Moses recall? (90:1-2)
5. What is the theme of this prayer? (90:1-17)
6. *How does this prayer reveal Moses' humility? (90:1-17)
7. *What picture does this psalm paint about our state before God? (90:1-17)
8. What caused Moses to turn to God for help? (90:1-17)
9. How did Moses describe humankind's condition under God's wrath? (90:3-10)
10. What imagery is used to highlight humankind's insignificance and God's greatness? (90:4-6)
11. How did Moses feel about God's judgment? (90:7-9)
12. What does God's holy light reveal? (90:8)
13. How does this psalm depict the lives of people? (90:9-10)
14. *What did Moses want the Lord to teach him? Why? (90:12)

15. What prayer concludes the psalm? (90:13-17)
16. What promise did Moses make to God in return for His compassion? (90:14)

Get It

17. What does the psalm teach us about the attitude we should have toward ourselves? Toward God?
18. What builds a person's self-esteem?
19. What destroys a sense of self-worth?
20. How can we balance a healthy self-esteem with a humble attitude?
21. *How does this passage challenge us to depend on God rather than rely on our own abilities and strength?
22. In what way should we depend on God?
23. According to the writer of this psalm, how can we "gain a heart of wisdom"?
24. What does it mean to "number our days"?
25. How much longer do you expect to live?
26. What should motivate us to turn to God for help?
27. *How does remembering God's help in the past encourage you to trust Him with your future?
28. What fears do you have about your future?
29. How should you deal with your fears in light of this passage?

Apply It

30. *What concrete action could you take this week to entrust the Lord with your future?