

### The El Estero Echoes El Estero Presbyterian Church 490 Camino El Estero, Monterey, CA 93940

Office: 831. 375-6622 Pastor Ted's Office Phone Number at El Estero: 831 644-0687 E mail: elesteropc@gmail.com Web: elesteropc.org Pastor Ted Esaki

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The Mission of the El Estero Presbyterian Church is to Glorify God through a Grateful Commitment to the Great Commandment and the Great Commission.

Pastor Ted's Message



#### AN ATTITUDE OF GRATTITUDE

I know a person who loves to laugh, is always smiling, and exudes a great amount of joy. She tells me that the reason she is able to have that attitude is because she is grateful for the many blessings she has received from God.

It reminds me of a story that Jesus told in Luke 17:11-19 as he was on a journey to Jerusalem. As he was passing through the country, he was confronted by 10 lepers. In those days, leprosy was a much dreaded, highly infectious, and incurable disease. Nine out of the ten were Jews and the other was a Samaritan. The Samaritans were a race that were hated by the Jews and ones whom Jews would not associate with.

All ten men lifted up their voices and cried out, "Jesus, Master have mercy on us." Jesus responded to their need and healed them. However, only one came back to thank Jesus and he was the Samaritan. Jesus asked, "were not ten who were healed? Where are the other nine?"

In contrast to the nine Jews who demonstrated an attitude of ingratitude, we see the Samaritan who when he discovered that he had been healed, moved by intense and profound gratitude turned at once to offer his humble and heartfelt thanks to Jesus. The Samaritan not only appreciated the gift of healing but verse 16 tells us that he "threw himself at Jesus feet and thanked him."

The Samaritans attitude was one of gratitude. God's desire for us as Christians is to have a grateful attitude. The apostle Paul said in I Thessalonians 5:18; "*Give thanks in all circumstances, for this is God's will for you in Christ Jesus."* What is God's will for you? This verse says that it is to be thankful in all circumstances.

Whatever circumstances you may find yourself in today and in this season of Thanksgiving, I pray that you would have an attitude of gratitude. To recognize the many blessings that God has given to you. As you count your blessings, I pray that you would be filled with laughter, smiles and joy.

Gratefully,

Pastor Ted



Joys and Concerns

Please continue to pray for Anne Bevier, Don and Dori Chin, Pastor Ted and Sherry Esaki, Cary Gota, Wendy Ichiuji, Adele and Marian Kageyama, Kiku Kuwatani, Hiro Manaka, Helen Nakano, Joan Ouye, Lyle and Meja Quock, Robert Suzuki, Jean Tanaka, Tomi Tanaka, Magdalena Thomas, Nami Uyeda, Hedy Yamamoto, Setsuko Yamanishi, May Wong, Pat and Shirley Wong, George Wooding. The Kuwatani family with the passing of Yaeko (Yae). The Hattori family with the passing of Ellie's brother, Wardon Prayers for our church family, for members who are ill, those away from their loved ones, and those who are

ayers for our church family, for members who are ill, those away from their loved ones, and those who are concerned for family and friends.

Prayers for the citizens of our world that we may defeat this Coronavirus.

Prayers for our medical professionals, first responders, emergency workers, caregivers, grocery clerks., teachers Prayers for those who have been laid off or are without income.

Prayers for our research and medical scientists as they work on vaccines and a cure for COVID19. Prayers for our world leaders as they deal with the complex issues facing their nations and our world community. Prayers for our state and local leaders as they work to keep our communities safe.

Prayers for social justice, racial equality, and peace.

While we have worship services on ZOOM, please let Pastor Ted know via email or a phone call if you have any prayer requests.

# COME AND JOIN A BIBLE STUDY

Magnify \* Maturity \* Membership \* Ministry \* Mission

Please join us.



Let's learn together.

**Daily Devotional**: Everyday Pastor Ted writes a Daily Devotional that you can receive online through our church webpage: elesteropc.org and click on This Week

Wednesday Bible Study: Every Wednesday morning, 10:30 – 11:45 am, online through ZOOM.

A follow up of Pastor Ted's Sunday Worship Service message. Discussion follows a review of Sunday's sermon with the Sunday worship study guide. Please watch for Pastor Ted's invitation to join each Wednesday's Bible Study on ZOOM. If you would like to join a ZOOM online Bible study, please contact Pastor Ted for more information.

**Thursday Evening Q&A:** Every Thursday evening, 7:00 pm, Pastor Ted will host a session of questions and answers about Christianity and the Bible. You may submit your questions to Pastor Ted via email and he will respond to your thoughts on Thursday evening. All are welcome to join the group for discussion and in depth learning. Please contact or email Pastor Ted if you are interested and your questions.

**Friday Evening Prayer Meeting:** Every Friday evening, 7:00 pm, Pastor Ted will host a prayer meeting. All are welcome to join the prayer session for fellowship, joys and concerns, personal prayer and prayers for those on the weekly Prayer Fuel. This is a ZOOM meeting. Please email Pastor Ted for the ZOOM invitation.

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### PER CAPITA DUES



Our annual Per Capita Dues are due to the Presbytery in February.

Per Capita dues for 2021 is \$40.50 per member. You may send your Per Capita check to the church with your offering or pledge. Please make your check payable to El Estero Presbyterian Church. Indicate "Per Capita" on your check and please keep your per capita check separate from your offering or pledge. Sending separate checks helps our counting and book keeping.

Thank you for attending to this compensation for the Presbytery.



Advent means "COMING". This is the time of year when Christians celebrate the awaiting of the birth of Jesus. Tradition include lighting of the Advent Candles to signify Hope, Peace, Love, Joy, and the birth of the Christ Child. El Estero Church will be observing the first through the fourth Sundays of Advent beginning on November 28 until Christmas Eve when we will be holding a Candlelight Service on Friday, December 24, 6:00 pm on ZOOM. Thank you if you wish to send a Christmas Offering donation to El Estero Church in the spirit of giving during this joyous season.





# **Coach Ken's Corner**

I don't know about you, but I'm finding that as I get older I can't do all the physical things I used to do. Picking things up off the floor seems further away than before. Things on a shelf seem higher than

before. Getting up from a chair isn't as easy as before and if your sofa has soft cushions, it seems even harder to get up. I'm told not to climb up a ladder anymore. Don't lift boxes that are too heavy. Do everything in moderation!

Here are some helpful hints: Stretch every morning. Do some light lifting of light weights. Walk everyday, or do some type of physical exercise to get your blood flowing. If you're picking things up off the floor, remember to bend your knees. It might be a good idea to learn how to get yourself up off the floor. Don't put things that you use frequently on a high shelf. Don't sit in the middle of your couch. Sit on the end so that you can use the arms of the couch to help you up. Hide your ladder so you're not tempted to climb up on the ladder. Don't fill up boxes with things you use frequently. Those boxes can get heavy very quickly.

Remember, it's better to be real smart, than real dumb!

Enjoy the holiday and be thankful for everything you have. Coach Ken



## ART and HIKING FELLOWSHIP











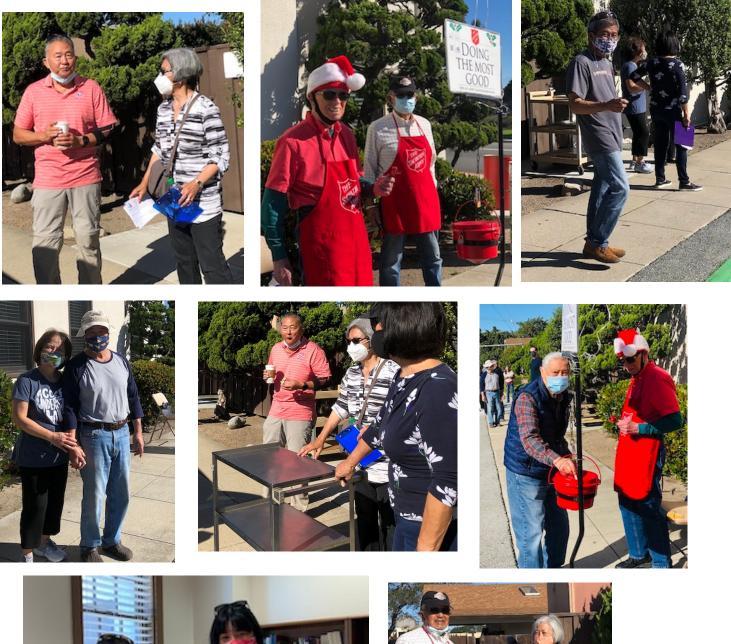


Our ART and Hiking Fellowship will meet January 22, 2022. Details for the morning will be coming from Pastor Ted. See you all then for an invigorating morning walk.



### On Saturday, November 13 our church and the Deacons hosted a Christmas Toy, Clothes, Blanket, and Food Drive to benefit the Salvation Army and the Food Bank of Monterey County.

Thank you to everyone who donated to our event and thank you to all who worked hard to make the morning a great success.





































THANK YOU one and all !!! With generous and joyful hearts, let us always remember to help those who are of need. Let's do this again next year!

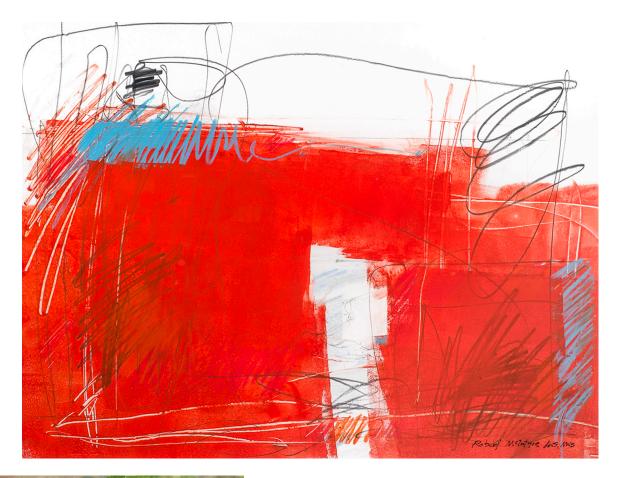
During this time with our church activities suspended, let us know how you have been staying busy. Here are some photos from our church friends. Send Marilyn a photo to let us see what you have been doing.





Rowboat. mar

Seascape with Red Ginger. Taye Tashiro



Just Myself. Bob



Secondary Old House. Mike

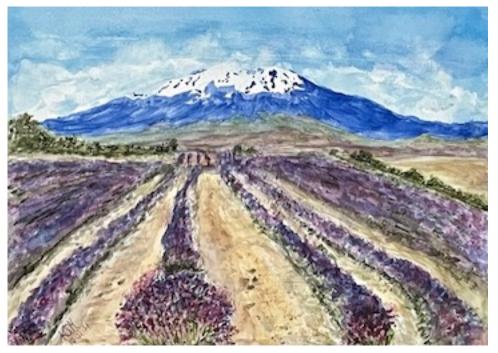
My New Car. Irene





Autumn Fishing. Linda

Lavender Labyrinth. Nancy





Roaring Surf. Nancy



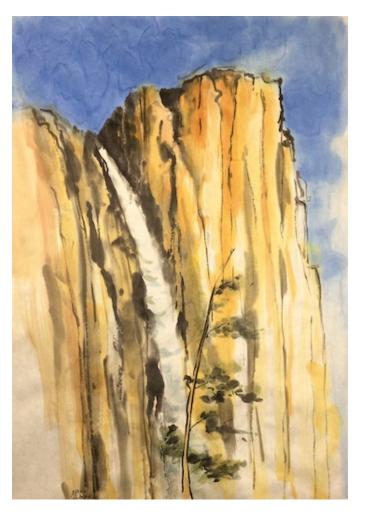
Desert Imperial. KC



Home in Secondary Colors. Lynn



The Painter. KC



C. Obata Yosemite Falls on Washi Rice Paper. Mark





Big Sur Coast from Nepenthe Sketch, Ink on Newsprint. Mark



Van Gogh's Irises. Mar

Café Terrace, Arles, a Van Gogh study. Mark



Breakfast Scones. Mike and Linda





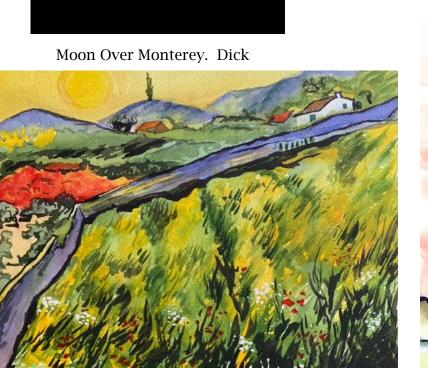
Plains of Auvers. Van Gogh. Nancy



Bob the Ninja Warrior. Halloween







Van Gogh's Wheatfields. KC

Thatched Cottage. Mike





Undergrowth with Two Figures. Linda

December 2021						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday Worship Service on ZOOM starts at 10:30 am. Communion is celebrated on the first Sunday of each month.			<b>1</b> 10:30 am Bible Study on ZOOM	<b>2</b> 7:00 pm Q & A on Christianity and the Bible on ZOOM	<b>3</b> 11:00 am Deacons' Mtg 7:00 pm Prayer Mtg on ZOOM	<b>4</b> 10:00 am ART on ZOOM
<ul> <li>5 2<sup>nd</sup> Sunday of Advent</li> <li>10:30 am Worship</li> <li>Service on ZOOM</li> <li>Communion</li> <li>Congregational Mtg.</li> </ul>	6	7	<b>8</b> 10:30 am Bible Study on ZOOM	<b>9</b> 7:00 pm Q & A on Christianity and the Bible on ZOOM Dr. Pat Zukeran, guest speaker	10 7:00 pm Prayer Mtg on ZOOM	<b>11</b> 10:00 am ART on ZOOM
<b>12</b> 3 <sup>rd</sup> Sunday of Advent 10:30 am Worship Service on ZOOM	13	14 3:00 pm Outreach Mtg	<b>15</b> 10:30 am Bible Study on ZOOM	<b>16</b> 7:00 pm Q & A on Christianity and the Bible on ZOOM	17 Echoes Articles Due 7:00 pm Prayer Mtg on ZOOM	<b>18</b> 10:00 am ART on ZOOM
19 4 <sup>th</sup> Sunday of Advent 10:30 am Worship Service on ZOOM	20	21	22	23	24 6:00 pm Candle Light Service on ZOOM	25 CHRISTMAS DAY
<b>26</b> 10:30 am Worship Service on ZOOM Installation of Officers	27	28	29	30	31 New Years' Eve	



El Estero Church's ZOOM worship service on Sundays, 10:30 am,

please contact Pastor Ted Esaki and watch for his email invitation. To access the "Sermon Outline" and the "Worship Bulletin" for Sunday's worship service, go to our website elesteropc.org and click on Messages.

To join our Wednesday morning Bible Study 10:30 am on ZOOM, please contact Pastor Ted and watch for his email invitation.

To join our Thursday evening Q & A session 7:00 – 8:00 pm on ZOOM, please contact Pastor Ted and watch for his email invitation.

To join our Friday evening Prayer Meeting 7:00 pm on ZOOM, please contact Pastor Ted and watch for his email invitation.

To join our Open Art Studio on Saturday, 10:00 am on ZOOM, please contact Bob McIntyre and watch for Lynn's email invitation

#### **El Estero Presbyterian Church**

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"I will give to the Lord the thanks due to his righteousness, and I will sing praise to the name of the Lord, the Most High." Psalm 7:17