

November 26, 2017
Mark 14:32-42

AGONY IN THE GARDEN OF GETHSEMANE

I. Introduction: Scenes From The Holy Land

II. Unpacking the Passage:

Agony In The Garden of Gethsemane:

Jesus “began to be troubled and deeply distressed.”
Mark 14:33

“My soul is overwhelmed with sorrow to the point of death.”
Mark 14:34

“And being in agony, He prayed more earnestly. Then His sweat became like great drops of blood falling down to the ground.” Luke 22:44

III. Four Lessons When Life Begins To Squeeze You Out

A. Don't Shut _____ Out.

“Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.”
Ecclesiastes 4:12

B. Don't Shut Your _____ Up.

“My soul is overwhelmed with sorrow to the point of death.”
Mark 14:34

“Bear one another's burden's and so fulfill the law of Christ.”
Galatians 6:2

C. Don't Do Things Your Own _____ but God's.

“Call on me in the day of trouble and I will deliver you.”
Psalm 50:15

“And being in agony, He prayed more earnestly.” Luke 22:44

D. Don't Be _____.

"Take this cup from me. Yet, not what I will, but what you will." Mark 14:36

"Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak. Mark 14:38

"The hour has come, Look the Son Of Man is betrayed into the hands of sinners. 42] Rise! Let us go! Here comes my betrayer." Mark 14:41-42

IV. Conclusion and Application:

For those of you who may be in the most difficult trial of your life, Ask yourself:

- Have I brought loved ones and trusted friends in to help or have I isolated myself?
- Have I honestly expressed my feelings or do I believe that I have put on a false front?
- Have I taken my problems to God and have I asked others to pray for me as well?
- Am I being obedient to God's leading in my life or am I using the difficulties in my life as an excuse to run from God?

POINTS TO PONDER
Week of November 26th to December 2nd
Mark 14:32-42

Open It:

1. *Who has been a faithful friend to you during difficult times in your life?
2. What is it like to have a friend let you down when you really need support?

Get It:

3. Where did the events of this story take place? (14:32)
4. What did Jesus tell the disciples to do? (14:32)
5. Who did Jesus take with him to pray? (14:33)
6. *What emotions was Jesus feeling? (14:33-34)
7. What do Jesus' actions at this time tell us about His character? (14:33-34)
8. Why was Jesus so distressed and troubled? (14:33-34)
9. What did Jesus do in response to His deep sorrow? (14:35-36)
10. What "hour" did Jesus pray to "pass from Him"? (14:35-36)
11. What does Jesus' prayer tell us about His relationship to God the Father? (14:36)
12. *What distressed Jesus when He returned to His disciples? (14:37)
13. What did Jesus find when He returned to the disciples who were keeping watch? (14:37)
14. How did Jesus instruct the disciples to prevent themselves from falling into temptation? (14:38)
15. *Why did the disciples have so much trouble praying with Jesus? (14:38)
16. How did Jesus explain the difference between the spirit and the body? (14:38)
17. What caused the disciples to be speechless when Christ returned to them the second time? (14:40)

Explore It:

18. Why do you think Jesus chose three disciples to pray with Him?
19. How does this passage encourage you to react when you feel distressed or troubled?
20. What about Christ's humanity can we learn from this event in His life?
21. What difference does it make that Jesus experienced such despair and pain firsthand?
22. What can we learn about prayer from Jesus' example?
23. What was the difference between the disciples' intentions and their actions?
24. *What stops us from helping people in need?
25. How should you pray when you must face a difficult or painful task?
26. How can we trust God with our extremely difficult circumstances?

Apply It:

27. Who is someone you can ask to help you overcome a weakness?
28. What needs of others will you commit yourself to pray for during this next week?
29. *How can you support a friend or relative facing a difficult task this week?