

April 2, 2023 (Palm Sunday)  
Luke 22:39-46

## AGONY IN THE GARDEN

### I. Introduction:

### II. Unpacking the Passage:

#### Agony In The Garden:

Jesus “began to be troubled and deeply distressed.”  
Mark 14:33

“My soul is exceeding sorrowful, even unto death.”  
Matthew 26:38

“And being in agony, He prayed more earnestly.  
Then His sweat became like great drops of blood falling  
down to the ground.” Luke 22:44

### III. Four Lessons When Life Begins To Squeeze You Out

#### A. Don't Shut \_\_\_\_\_ Out.

“Though one may be overpowered, two can defend  
themselves. A cord of three strands is not quickly  
broken.” Ecclesiastes 4:12

#### B. Don't Shut Your \_\_\_\_\_ Up.

“My soul is exceeding sorrowful, even unto death”  
Matthew 26:38

“Bear one another's burden's and so fulfill the law of  
Christ.” Galatians 6:2

**C. Don't Do Things Your Own \_\_\_\_\_ but God's.**

"Call on me in the day of trouble and I will deliver you."  
Psalm 50:15

"Is any of you in trouble? He should pray." James 5:13

"And being in agony, He prayed more earnestly." Luke  
22:44

**D. Don't Be \_\_\_\_\_.**

"... nevertheless not my will, but Yours be done." Luke  
22:42

"Jesus got up from praying" Luke 22:45

"Why do you sleep? Rise and pray, lest you enter into  
temptation." Luke 22:46

**IV. Conclusion and Application:**

For those of you who may be in the most difficult trial of  
your life, Ask yourself:

- Have I brought loved ones and trusted friends in to help  
or have I isolated myself?
- Have I honestly expressed my feelings, or do I believe  
that I have put on a false front?
- Have I taken my problems to God and have I asked  
others to pray for me as well?
- Am I being obedient to God's leading in my life or am I  
using the difficulties in my life as an excuse to run from  
God?