

May 21, 2017  
Luke 6:1-5

## **LORD OF THE SABBATH**

### **I. Introduction: Lord of the Sabbath**

#### A Brief Questionnaire:

- Do you make sure you have a time for rest each Sunday?
- Do you intentionally focus on God each Sunday?
- Would you be more happy to go play some kind of sport on Sunday or be in church?
- Would you be happy to work regularly on Sunday?
- Would you go to church on Sunday when on holidays or vacation?
- Do you think God would be pleased with how you spent your Sundays?

### **II. Unpacking The Passage**

- A. The Origin Of The Sabbath (Exodus 16:23-26, Genesis 2:3, Exodus 31:13-14, Exodus 20:8-11)
  
- B. Prohibitions Of The Sabbath (Exodus 16:23, Exodus 31:14, Exodus 35:3, Numbers 15:32, Nehemiah 10:31, Jeremiah 17:21)

### **III. Jesus Example: Man Should Not Be Ruled By The Sabbath:**

One Sabbath Jesus was going through the grain fields, and his disciples began to pick some heads of grain, rub them in their hands and eat the kernels. <sup>2</sup> Some of the Pharisees asked, "Why are you doing what is unlawful on the Sabbath?"

<sup>3</sup> Jesus answered them, "Have you never read what David did when he and his companions were hungry?"

<sup>4</sup> He entered the house of God, and taking the consecrated bread, he ate what is lawful only for priests to eat. And he also gave some to his companions."

<sup>5</sup> Then Jesus said to them, "The Son of Man is Lord of the Sabbath." (Luke 6:1-5)

A. Three Reasons The Sabbath Was Commanded:

1. The Sabbath Was A \_\_\_\_\_

2. The Sabbath Was A \_\_\_\_\_

3. The Sabbath Was A \_\_\_\_\_

### **IV. Conclusion and Application of the Sabbath**

**Points To Ponder**  
**Week of May 21<sup>st</sup> to 28<sup>th</sup>**  
**Luke 6:1-11 – Lord Of The Sabbath**

**Open It**

1. What was Sunday like around your house when you were growing up?
2. \*What is your idea of a truly restful day?
3. What does the word "Sabbath" mean to you?

**Explore It**

4. What were the disciples doing that irritated the Pharisees? (6:1-2)
5. \*What were the disciples accused of doing when they picked the grain? (6:2)
6. How did Jesus respond to the Pharisees' accusation? (6:3-5)
7. \*What historical example did Jesus use to justify what His disciples were doing on the Sabbath? (6:3-5)
8. What claim did Jesus make about Himself? (6:5)
9. What did Jesus' identity as Lord of the Sabbath have to do with the disciples eating grain on the Sabbath? (6:5)
10. In what setting did Jesus heal the man with a shriveled hand? (6:6-8)
11. Why were the teachers of the law watching Jesus closely? (6:7)
12. Why were the Pharisees and teachers angry at Jesus? (6:7, 11)

13. What difference did it make that Jesus was being watched?  
(6:7-10)
14. \*How did Jesus heal the man's hand? (6:9-10)
15. What did Jesus ask the crowd? (6:9-10) Why?
16. How did the Pharisees and teachers respond to the miracle Jesus did? (6:11)

### **Get It**

17. How did Luke use these two Sabbath incidents to illustrate the tension that was growing between Jesus and the religious leaders?
18. What harmful "religious" tendencies was Jesus resisting by His actions and words during these incidents?
19. \*Why did Jesus heal on the Sabbath?
20. In these incidents, whose actions were really "Sabbath-keeping"?
21. \*Why is it important for us to take time off from work to rest?
22. \*How well were the Pharisees honoring the Sabbath while they discussed plans to retaliate against Jesus?
23. When is it easiest to apply a spiritual discipline unthinkingly?
24. How can we guard against misapplying spiritual disciplines?

### **Apply It**

25. \*What could you do to make next Sunday a day of service to God?
26. What spiritual disciplines (such as fasting, prayer, Bible study, or church activities) should you reexamine this week?