

March 20, 2016
Luke 22:39-46

AGONY IN THE GARDEN

I. Introduction: A Trip To The Holy Land

II. Unpacking the Passage:

Agony In The Garden:

Jesus “began to be troubled and deeply distressed.”
Mark 14:33

“My soul is exceeding sorrowful, even unto death.”
Matthew 26:38

“And being in agony, He prayed more earnestly.
Then His sweat became like great drops of blood falling
down to the ground.” Luke 22:44

III. Four Lessons When Life Begins To Squeeze You Out

A. Don't Shut _____ Out.

“Though one may be overpowered, two can defend
themselves. A cord of three strands is not quickly
broken.” Ecclesiastes 4:12

B. Don't Shut Your _____ Up.

“My soul is exceeding sorrowful, even unto death”
Matthew 26:38

“Bear one another's burden's and so fulfill the law of
Christ.” Galatians 6:2

C. Don't Do Things Your Own _____ but God's.

"Call on me in the day of trouble and I will deliver you."
Psalm 50:15

"Is any of you in trouble? He should pray." James 5:13

"And being in agony, He prayed more earnestly." Luke
22:44

D. Don't Be _____.

"... nevertheless not my will, but Yours be done." Luke
22:42

"Jesus got up from praying" Luke 22:45

"Why do you sleep? Rise and pray, lest you enter into
temptation." Luke 22:46

IV. Conclusion and Application:

For those of you who may be in the most difficult trial of
your life, Ask yourself:

- Have I brought loved ones and trusted friends in to help
or have I isolated myself?
- Have I honestly expressed my feelings or do I believe
that I have put on a false front?
- Have I taken my problems to God and have I asked
others to pray for me as well?
- Am I being obedient to God's leading in my life or am I
using the difficulties in my life as an excuse to run from
God?

POINTS TO PONDER
Week of March 20th to 26th
Luke 22:39-46
Agony In The Garden

Open It

1. How have your friends helped you through difficult times in your life?
2. *When have you agreed to do something that you didn't look forward to doing?

Explore It

3. What does this passage reveal about Jesus' habits? (22:39)
4. For what purpose did Jesus go to the Mount of Olives? (22:39)
5. What instructions did Jesus give to His disciples? (22:40)
6. Why did Jesus withdraw from His followers? (22:41)
7. *What does Jesus' prayer reveal about His own character and His relationship with the Father? (22:42)
8. What did Jesus want to avoid if possible? (22:42)
9. What was Jesus referring to when He said, "Take this cup from me"? (22:42)
10. *How was Jesus strengthened at this difficult time? (22:43)
11. How did Jesus confront His own anguish and dread? (22:44)

12. *What does this passage tell us about Jesus' physical and emotional condition shortly before His death?
(22:44)
13. What did Jesus find when He returned to the disciples?
(22:45)
14. Why were the disciples so exhausted? (22:45)
15. For what reason did Jesus advise His disciples to pray?
(22:46)

Get It

16. What can we learn from Jesus' example of dealing with difficult circumstances in life?
17. *How do you think God wants you to respond to painful, even overwhelming, events in your life?
18. *What role should prayer play in times of trouble?
19. What can we learn from the disciplines Jesus developed while He was on earth?
20. How can you guard against falling into temptation?
21. What does Jesus teach us through His own example of submission to the Father?
22. For what situation in your life right now do you need to say to God, "Not my will, but yours be done"?

Apply It

23. In the next few weeks, what might you do to develop better habits of prayer and spiritual discipline?
24. *What particular area of your own life do you want to consciously submit to the Father's will?