

Daily Devotion For November 4, 2021

28 "Come to me, all you who are weary and burdened, and I will give you rest. 29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.30 For my yoke is easy and my burden is light." Matthew 11:28-30

Last Saturday, October 31<sup>st</sup> at 11:00 a.m. over 100 family members and friends gathered at the Monterey City Cemetery to pay their final respects to Yaeko Kuwatani.

One of the songs that we sang was Matthew 11, taken from the above scripture passage. This song was a favorite of Yae's and speaks to us of the love that God offers to take our burdens off our own shoulders, place them on his, and give us rest and peace in return.

Where does your life feel heavy? Where do you feel buried under the burdens of the world? Is it sorrow, grief, loneliness, financial troubles, etc? God offers you rest and peace today if you will take time to align yourself with him and "yoke" yourself to the teaching of Jesus.

**Thought For Today:** Jesus says, "My yoke is easy, and my burden is light." If you choose to come to Jesus today "you will find rest for your souls." What area of your life needs rest today? In what parts of your heart do you need God's peace? Our Lord is waiting right now to meet with you, to offer you his yoke. Let Jesus take your burdens, fears, and stress. Cast your cares on Jesus because He cares for you.

**Today's Prayer Focus:** Take time to give thanks today for the life of Yae Kuwatani. Pray for God's presence and peace to comfort the family. Deo Volente.