

Daily Devotion For March 7, 2021

“May **the favor of the Lord** our God **rest** on us.” Psalm 90:17

Today is Sunday, March 7, 2021. What are you going to do today? How will you spend your time?

Some of us will worship God by gathering together on zoom with God’s people. Others might say, “Why make time for worship?” In Genesis 1:1 Moses wrote, “In the beginning God created the heavens and the earth” In Genesis chapter 1 God called the creation into being in six days, then **rested** on the seventh. Then God invited us to follow that pattern. Exodus 20:11 tells us to “Remember the Sabbath and keep it Holy.” We do that by taking time to worship.

In the Old Testament, people worshiped on Saturday, but now most Christians worship on Sunday because that’s the day Jesus rose from the dead. Sunday is also the day God sent the Holy Spirit (Acts 2). It was God’s way of saying, “**Rest** and then go and work six days.” So worship and **rest**.

Those who worship on Sunday, the Lord’s Day, experience the blessing of the closing verse of Psalm 90: “May the favor of the Lord our God **rest** on us.”

Thought For Today: How will you or how did you spend the day? Did you take time to worship? Did you experience the “**favor of the Lord?**” I pray God’s blessing on your week!

Today’s Prayer Focus: Take time to praise God for his nature and character. What character attributes of God mean most to you?