

## Daily Devotion For September 6, 2021

"And God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done." Genesis 2:3

In 1882 U.S. cabinet maker Peter McGuire introduced his idea for a new holiday saying, "Let us have a festive day during which a parade through the streets of the city would permit public tribute to American Industry." A dozen years later President Cleveland signed a bill into law designating the first Monday in September "Labor Day." For many Americans today is a day off from work, a chance to cook-out and hang-out in waning days of summer.

A day off from labor, however, was not a new concept when McGuire suggested his holiday. The concept of a day of rest was first declared by the Lord in Genesis. Genesis 2:3 tells us that God rested the seventh day after creating the world and He deemed the day of rest holy. He didn't call it Labor Day - He called it the Sabbath.

As we enjoy this day of rest today, we can remember the benefit of rest for our bodies. Yet also on Labor Day we can be reminded of the necessity of spiritual rest for our souls on a regular, daily basis. In worship, in devotions, in Bible study, and most specifically in our Savior Jesus, we find spiritual sabbath. In him we find rest for our souls. In him we find a Savior who gives us eternal rest for our souls.

**Thought For Today:** As you take time to find rest for your physical bodies, remember to also take time to find rest for your souls. Enjoy the presence of God today through your personal devotions and time of prayer.

**Today's Prayer Focus:** Pray that the Lord would give your rest for your soul, that He would renew and refresh you through His Word and in your times of prayer. Review this week's updated prayer fuel. Deo Volente.